

PLAYING WITH PRIDE IN THE OUTFIELD
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A. BASIC STANCE

B. APPROACH

C. COMMUNICATION

D. ROUTINE GROUND BALLS:

E. BLOCKING GROUND BALLS:

F. DO OR DIE GROUND BALLS

G. ROUTINE FLY BALLS

H. FLYBALLS OVER THE HEAD

I. FLY BALLS AT THE FENCE

J. PLAYING THE SUN

K. BALL ON WARNING TRACK

L. SINKING LINERS & SHOESTRING CATCHES

M. DIVING

N. WHERE TO PUT WHO

O. PHYSICAL CHECKS

P. MENTAL CHECKS

Q. POSITIONING

R. OTHER NOTES

S. DRILLS